



ANNUAL  
REPORT  
2019/2020

## A YEAR IN REVIEW

For **over forty years**, the Child Parent Institute has been leading the fight against child abuse in Sonoma County. We not only treat victims of child abuse, but we also provide crucial services to families in our community to prevent it. **Our mission is to end child abuse and strengthen the health of children, parents, and families in Sonoma County.**

Last year we supported **6,316 Sonoma County children, parents, and families** with our programs -- more children than the students of Santa Rosa, Petaluma, and Analy High Schools combined.

## ADVOCACY

The prevention of child maltreatment is a shared responsibility of the whole community.

Under the management of the Child Parent Institute, Prevent Child Abuse - Sonoma County (PCA-SC) works to establish an effective, cooperative and coordinated response to end child abuse. To achieve our mission, we do the following:

EDUCATION

OUTREACH

AWARENESS

ADVOCACY

## COUNSELING SERVICES

Childhood trauma can have a huge impact on our adult lives -- left unprocessed, it can shape who we become as parents. Addressing childhood trauma is essential to the wellness of our community, and it is the reason why we expanded our mental health services to serve all of Sonoma County -- children, youth, and now, parents.

**291 families**  
received  
**4,183 hours**  
of therapy

## PARENT SUPPORT SERVICES

**4,017 families**  
received parent  
support services

Being a great parent is part intuition and part education -- our parent support programs give parents the tools and resources they need to make their families strong.

## CREATIVE ARTS PROGRAM

As local leaders in trauma-informed healing arts we work with over 20 agencies and schools in Sonoma County to provide our children and youth an outlet for expression.

**621 families**  
benefited from  
our Creative Arts  
program

**"I finally have something I  
like about myself.  
I'm an artist."**

BELLA, 10 YEARS OLD

## NEW DIRECTIONS SCHOOL

We support students who have had difficulty in school due to trauma and need the support of a small school environment with intensive counseling. This year **11 students** successfully transitioned back to their public schools.

**37 students** from  
13 different school  
districts attended  
New Directions